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February



World
Cancer Day
4 February

Happy Valentine's Day

Hungry Polar Bears





A magazine created by students for students...

Festivals and Celebrations



Candlemas Day - February 2

This day marks the middle of the winter season - from the shortest day of the year to the Spring Equinox. This day also celebrates the ritual purification of Mary, 40 days after the birth of her son Jesus. This day also marks the ritual presentation of the baby Jesus to God in the Temple at Jerusalem.

Candlemas in the Christian tradition is better known by two different names – The Feast of the Presentation of our Lord Jesus and The Feast of the Purification of the Blessed Virgin Mary. It is a tradition for the churches to bring forward all of the candles to be used for the rest of the year for a special blessing.

Shrove Tuesday or 'Pancake Day'

Shrove Tuesday, more commonly known as Pancake Day, falls the day before Lent begins. Lent is the traditional Christian period of fasting which begins 40 days before Easter and ends on Easter Sunday. Nowadays, not many Christians fast, instead preferring to give something up for Lent such as chocolate. Because fasting meant that lots of food would spoil during this period, traditionally people would use up their eggs, milk and sugar by making pancakes. Nowadays, even if people are not fasting, many people still make and eat pancakes on this day. Some people enjoy sweet topping such as sugar and lemon or Nutella. Other people prefer savoury pancakes.It

is the perfect excuse to eat so many pancakes that you can.



Best Tradition: Pancake races are held up and down the country, where people race against each other whilst holding a frying pan and tossing pancakes into the air. If just this description sounds funny to you, you can't even imagine watching it live.

Where to Go: Events are held in towns all over the UK, but Scarborough in the North of England has a particularly big celebration. The roads are closed and all the town's inhabitants skip down them with ropes.

How You can get Involved: Make your own pancakes at home. British pancakes are very different to American ones, as they are much thinner and larger, a bit like French crêpes. They are very easy to make- simply make up a batter from eggs, flour and milk, fry in a frying pan and fill with anything you want. Popular fillings in the UK include sugar and lemon, chocolate spread, syrup and jam.





The global theme is 'together for a better internet'.

Everyone has their part to play in making the internet a better place, **including you!** Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online.

Our internet, our choice, so...

Choose to ask for consent

Always ask others before sharing something about them. If they say no, we need to respect their choice and be a good friend. This should include checking before posting a selfie of you and your friend or before adding friends into group chats where they might be people they don't know. Remember that things which we might think are okay or funny might actually worry or upset someone else.

Choose to be supportive and positive

You can inspire and support others by what you do and post online. If you see someone having a hard time online, offer them support and report posts or accounts that might be upsetting or offensive.

Choose to be in control

Take the time to look at the privacy settings of your favourite accounts. They can help you take control over the information and posts that you are sharing and ensure that you are happy with what information people can see about you online.

Choose to find out more

Be aware of how your data is being stored and used by the apps on your device. Check the terms and conditions before signing up to a new app and make sure you are happy with your current access rights for each app. Remember you can change these at any time by going into the settings of your device or the app itself and many services will still work even if you choose not to grant all of the access rights it asks for.

Choose to talk about it

If you are not sure what to do or how to respond to something that happens online, then talk to someone about it. This could be a close friend, parent, teacher or even a helpline like **Childline or The Mix.**

https://www.safer-internet-day/safer-internet-day/safer-internet-day-2019/safer-internet-day-2019-top-tips-11-18s

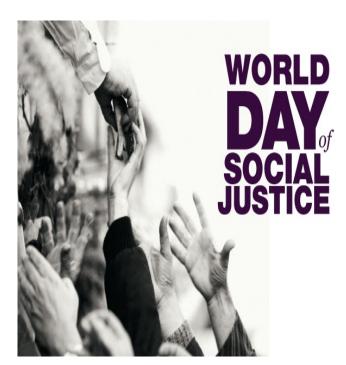


Every year **on 4 February World Cancer Day** is observed globally and is celebrated by WHO to aware people about the disease Cancer and how to cure it. To give all the information related to Cancer to the people and to provide the preventive measures to fight with this disease, 2019 theme is 'I Am and I Will'. According to WHO, the theme is an empowering call-to-action urging for personal commitment and represents the power of individual action taken now to impact the future.

14th to 19th February – London Fashion Week

There are two London Fashion Weeks each year – the first London Fashion Week is in February and the second is in September. The September fashion week is the bigger of the two. London Fashion Week events are usually reserved for industry insider only but there are usually other events going on for the general public (such as exhibitions) to coincide with the event.





20th February - World Day of Social Justice

The United Nations' (UN) World Day of Social Justice is annually observed on February 20 to encourage people to look at how social justice affects poverty eradication. It also focuses on the goal of achieving full employment and support for social integration.

This day basically tackle the issues like poverty, exclusion and unemployment.





BRITs2019 Winners

The brits awards 2019 celebrate the achievements of British and international artists and musicians over the last year,

live on ITV from The O2 Arena, London! Multi-award winning actor and performer

Hugh Jackman kicked off proceedings with a dazzling rendition of 'The Greatest Show' from the global music sensation The Greatest Showman, resplendent with over 100 circus-themed dancers. Calvin Harris made his BRITs debut with a collaboration with Dua Lipa, Sam Smith and Rag'n'Bone Man, and the show also hosted performances from George Ezra, Jorja Smith, Jess Glynne with H.E.R., Little Mix with Ms Banks and The 1975. P!nk closed the show with an incredible four song medley following the presentation of her Outstanding Contribution to Music award.

BRIT AWARDS 2019 Voulube Music BRIT ARDS 2019 Voulube Music RIT ARDS 2019 Voulube RI

Winning British Group for the second time, The 1975 also added the much coveted Mastercard British Album of the Year award to their BRIT tally, for their third No. 1 album A Brief Inquiry into Online Relationships.

A true 'Giant' of British music, Calvin Harris bagged his first ever BRIT awards, having been nominated 16 times in the last ten years. Winning British Single, along with Dua Lipa, for their No.1 smash hit 'One Kiss', the multimillion selling DJ was also honoured with Best British Producer, in acknowledgment of his immense chart topping success over the past twelve months, collaborating with some of the biggest artists in the world and responsible for some of the biggest hits of the last decade.

More BRITs firsts on the night saw a win for George Ezra for British Male Solo Artist and Tom Walker in British Breakthrough Act, the latter a public vote. Rising star Jorja Smith, who won the Critics' Choice award in 2018, came away with British Female Solo Artist.

The BRITs Global Success award, identified by global sales success of a British artist, was awarded to Ed Sheeran for a second year, continuing to celebrate the phenomenal success of his third album Divide - certified sales alone account for 10.5 million, and overall Ed has sold an estimated 150 million records to date.

Ariana Grande was announced as Best International Female and Drake won his second BRIT award for Best International Male. Best International Group went to The Carters, their first as a group - although Beyonce and Jay Z have both won BRIT awards as individuals previously.

British Artist Video of the Year was once again determined by public social vote and this year the winner was Little Mix for 'Woman Like Me', which the girls performed earlier in the show.

And The Winners Are.... (in order presented on the night):

British Male Solo Artist: George Ezra

British Female Solo Artist: Jorja Smith

British Group: The 1975

British Breakthrough Act: Tom Walker

International Group: The Carters

International Male Solo Artist: Drake

International Female Solo Artist: Ariana Grande

BRITs Global Success Award: Ed Sheeran

British Artist Video Award: Little Mix ft Nicki Minaj 'Woman Like Me'

Best British Producer: Calvin Harris

British Single: Calvin Harris & Dua Lipa 'One Kiss'

Mastercard British Album of The Year: The 1975 A Brief Inquiry into Online Relationships

Outstanding Contribution to Music: P!nk

Announced in December 2018 - Critics' Choice: Sam Fender







Valentine's Day, or St Valentine's Day, is celebrated every year on 14 February.

It's the day when people show their affection for another person or people by sending cards, flowers or chocolates with messages of love.

Who was St Valentine?

The day gets its name from a famous saint, but there are several stories of who he was. The popular belief about St Valentine is that he was a priest from Rome in the third century AD. Emperor Claudius II had banned marriage because he thought married men were bad soldiers. Valentine felt this was unfair, so he broke the rules and arranged marriages in secret. When Claudius found out, Valentine was thrown in jail and sentenced to death.

How did Valentine's Day start?

The first Valentine's Day was in the year 496!

Having a particular Valentine's Day is a very old tradition, thought to have originated from a Roman festival.

The Romans had a festival called Lupercalia in the middle of February - officially the start of their springtime.

It's thought that as part of the celebrations, boys drew names of girls from a box. They'd be boyfriend and girlfriend during the festival and sometimes they'd get married.

Later on, the church wanted to turn this festival into a Christian celebration and decided to use it to remember St Valentine too.

Gradually, St Valentine's name started to be used by people to express their feelings to those they loved.

What do English lovers give to each other?

The most valuable Valentine's Day gift is actually pastries and sweets made with your own hands.

There is a tradition of baking a cake in the shape of a heart, which is given to the loved one.

The British do not make expensive gifts. They buy chocolate sweets, various sweets, valentine's cards and soft toys, among which Teddy bears are the most popular.

As for valentines, anonymous valentines still are given. Confessions of love can be often seen in British newspapers and local magazines.

Flowers are a must-have gift for Valentine's Day, a symbol of sympathy, tenderness and love. The color of roses and their number in the bouquet have different meanings — scarlet roses are given to a girlfriend or a boyfriend; yellow and white — to acquaintances and relatives.

In addition, British people congratulate and give gifts not only to their lovers, but to all those whom they love — parents, relatives and even pets







How is the day known around the world?

Valentine's Day is a popular day worldwide – here's how it is celebrated and observed globally.

Latin America

In most Latin American countries like Costa Rica, Mexico and Puerto Rico, St Valentine's Day is known as Día de los Enamorados (day of lovers) or as Día del Amor y la Amistad (Day of Love and Friendship).

In Guatemala it is known as the "Día del Cariño" (Affection Day).

In the Dominican Republic and El Salvador there is a tradition called Amigo secreto ("Secret friend"), similar to the Christmas tradition of Secret Santa.

In Brazil, the Dia dos Namorados ("Lovers' Day") is celebrated on June 12, as that is the day before Saint Anthony's day – the Brazilian Saint of Marriage.

Colombia celebrates Día del amor y la amistad on the third Saturday in September instead.



Asia

In Chinese, Valentine's Day is called lovers' festival and is celebrated on the seventh day of the seventh month of the lunar calendar. It commemorates a day on which a legendary cowherder and weaving maid are allowed to be together.

Valentine's Day celebrations did not catch on in India until around 1992, despite being the nation of the Kamasutra.

In Japan, Morozoff Ltd. introduced the holiday for the first time in 1936, when it ran an ad aimed at foreigners. In 1953, it began promoting the giving of heart-shaped chocolates; other Japanese confectionery companies followed suit thereafter. In 1958, the Isetan department store ran a "Valentine sale" and further campaigns during the 1960s popularized the custom.

In Saudi Arabia, in 2002 and 2008, religious police banned the sale of all Valentine's Day items, telling shop workers to remove any red items, because the day is considered a Christian holiday. This ban has created a black market for roses and wrapping paper.

Europe

In the UK, just under half of the population spend money on their Valentines and around £1.3 billion is spent yearly on cards, flowers, chocolates, and other gifts, with an estimated 25 million cards being sent.

In Wales, some people celebrate Dydd Santes Dwynwen (St Dwynwen's Day) on January 25 instead of (or as well as) Valentine's Day. The day commemorates St Dwynwen, the Welsh patron saint of love.

On Saint Valentine's Day in Ireland, many individuals who seek true love make a Christian pilgrimage to the Shrine of St. Valentine in Whitefriar Street Carmelite Church in Dublin, which is said to house relics of Saint Valentine of Rome

In France, a traditionally Catholic country, Valentine's Day is known simply as "Saint Valentin", and is celebrated in much the same way as other western countries.

Valentine's Day in Greek tradition was not associated with romantic love. In the Eastern Orthodox church there is another Saint who protects people who are in love, Hyacinth of Caesarea (feast day July 3).



So, take your sweetheart out for dinner and give them a Valentine's card, chocolates or flowers to celebrate this day of romance. If you're single, you might even receive an anonymous card from a secret admirer.





Lunar New Year

On February 5th, Lunar New Year began. This year is the Year of the Pig.

In China, thousands of people celebrated it. Some performers re-enacted historical ceremonies, while people had family meetings and parties. Others burned the first joss sticks of the year to bring them good fortune.

In North Korea, people celebrated the new year, too, although a bit differently. They laid wreaths at the statues of their leaders and bowed to them. North Koreans did not use to recognise Lunar New Year, but now it is a holiday there, too. However, North Koreans must pay their respects to the country's leaders.

In Singapore, people celebrated by having fireworks displays.

Fashion Faux Pas

Gucci and Adidas have come under fire for what people think were racist designs.

For Gucci, a black balaclava jumper was the centre of the storm because the bright red lips looked like blackface which was a form of make-up used to stereotype black people dating back over 200 years.

In Adidas's case, Twitter was ablaze with criticism over a white pair of shoes made to celebrate Black History Month.

This is not the first time that the Internet criticised a brand for its poor choice of design. Last year, H&M removed a picture of a black child wearing a hoodie that said: 'Coolest monkey in the jungle'.

Back in 2014, Zara made a striped T-shirt with what looked like the Star of David on it. It looked like clothing worn by Jews in Nazi concentration camps. Zara apologised for not knowing history and said that it wanted to recreate a sheriff's star.





Hungry Polar Bears

A town on a remote island off the northern coast of Russia declared a state of emergency after a group of polar bears invaded it.

Due to climate change, polar bears are forced into closer contact with humans – they look for food in rubbish dumps and enter homes and public buildings.

People say that the invasion started because of melting ice in the Arctic which forces the bears to look for food on land.



IS teenage bride Shamima Begum gives birth to boy

Shamima Begum, one of three teenage girls to flee east London for a new life with the Islamic State group, says she has given birth to a baby boy.

Ms Begum left four years ago aged 15. Found in a Syrian refugee camp last week, she now hopes to return home. The 19-year-old told Sky News:

"People should have sympathy towards me for everything I've been through."

Under international law, the UK is obliged to let a Briton without the claim to another nationality back in.

German Town Breaks World Record for Largest Smurf Meeting

A large gathering in the southern German town of Lauchringen, near the Swiss-German border, broke the record for the largest concentration of people dressed as Smurfs.

The feat was provisionally confirmed by the Record Institute for Germany, but still needs the seal of approval from the Guinness World Records.

Organizers managed to gather 2,762 people dressed in the legendary comic and cartoon characters. The last record had been set in 2009 by 2,510 students of the Swansea University at Swansea Oceana in the UK.







Children and Electronics

Ofcom has a report that children are using electronic devices more and more often. Nineteen per cent of children who are 3 to 4 years old have a tablet and use it over an hour a day. Children who are 12 to 15 years old spend over 20 hours a week online, and 70% of them use their phones in bed.

A psychologist said that parents need to have rules as to when and where their children use the devices. A mother said that it causes a lot of arguments to get off of the electronics, and the arguing usually turns into the kids continuing to use them for a long time.



What Men Want (February 8)

Almost 20 years after Mel Gibson starred in What Women Want, Taraji P. Henson leads a gender-flipped remake in which she drinks a drug-laced drink that helps her get inside the heads of men. Literally.



Isn't It Romantic? (February 13)

Long live the rom-com! After Natalie (Rebel Wilson) knocks herself out mid-mugging, she wakes to find out that her life has turned into a romantic comedy. It hits all the notes of romantic comedies (good '80s soundtrack, hot love interest, gay sidekick) while making fun of the genre at the same time.



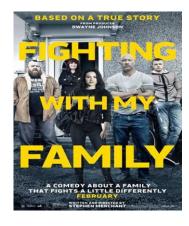
Happy Death Day 2 U (February 14)

Happy Death Day 2 U is a follow up to the comedic-horror treasure that is Happy Death Day, but this time, it's not just one girl who's in trouble—it's all the people around her. To stop the killer, she has to relive her death over and over again, and when that killer is wearing a baby mask, it just makes it all the more annoying, you know?



Fighting with My Family (February 14)

Another Valentine's Day release, Fighting with My Family stars The Rock as The Rock. But more than that, it brings a family of WWE-superfans into the fold to try out to be one of the wrestlers they idolize. Best part? It's based on a true story.





The youngest person to travel to every country is giving away all of his air miles on Instagram

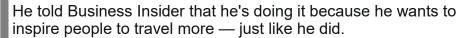
Alison Millington

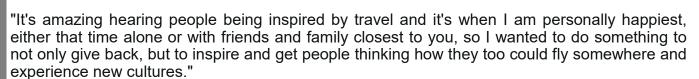
Aug. 3, 2018, 5:42 AM

James Asquith became the youngest person to travel to all 196 countries by the age of 24.

Now 29, he's giving away all of his air miles - or Avios points - on Instagram.

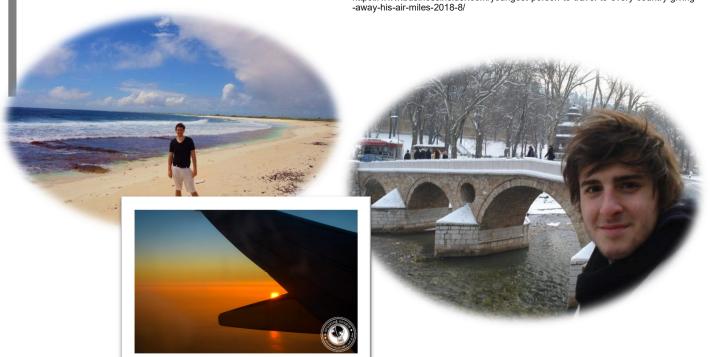
He said he simply wants to inspire people to travel more and to check out his new app, Holiday Swap.





It's also an opportunity to promote Holiday Swap, which he said has seen "huge growth" since its launch, partnered with Google, and is now in 100 countries.

https://www.businessinsider.com/youngest-person-to-travel-to-every-country-giving -away-his-air-miles-2018-8/





February 14th is traditionally a celebration of love, so how do people in the UK mark the occasion?

Cards

Sending a Valentine's card to a loved one is a custom that started more than a century ago. Couples give cards to each other, but it is also traditional to send an anonymous card to anyone you secretly love. This practice is particularly common in schools and can be a source of great amusement and embarrassment as everyone tries to work out who sent a card and who has a secret admirer! Valentine's Day symbols on cards include hearts designs, doves, and the figure of the winged angel, Cupid.

Poems

The card might also feature a poem. Probably the most famous lines from a Valentine's Day poem are:

Roses are red, violets are blue, Honey is sweet, and so are you.

There are some ironic variations on this poem such as:

Roses are red, violets are blue, You look like a monkey and smell like one too!

Mobile love

Millions of people use digital means of creating and sending Valentine's Day greeting messages such as e-cards, social media posts or printable greeting cards. Texting your Valentine message is an easy (although maybe not very romantic!) option. Valentine's Day text messages include:

WUBMV - will you be my Valentine

xoxoxoxoxo - hugs and kisses

LUWAM<3 - love you with all my heart

ImRdy4Luv - I'm ready for love

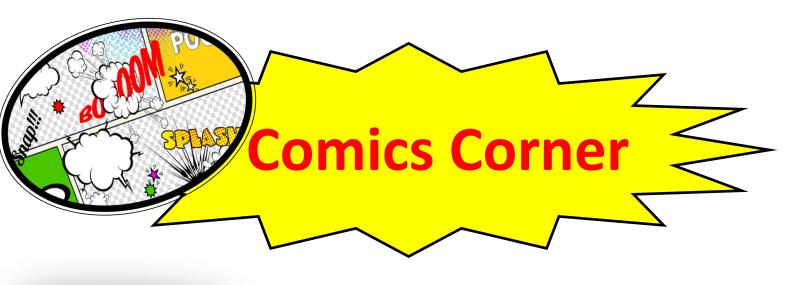
:'-) - I'm so happy, I'm crying



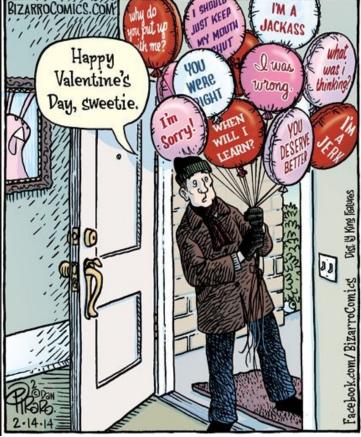
















"Happy Valentine's Day"



This month is all about making teens' voices heard. They wrote about Teens and Gangs and Teens and Cyberbullying. Send in your ideas and opinions and you might appear in the next month's magazine. Thank you!!!

Teens and Gangs



Teenage gangs are increasing and becoming more dangerous. They are formed because lots of youths want to make fast money and want to be part of a group, to feel superior. Some of them don't have a family. So, they join a gang to feel loved. However, sometimes they have to face dangerous situations and even commit crimes.

There are possible solutions to help young people escape gang life, such as, taking teenage gangs to prison and showing them the reality of being in prison. Prisoners can talk to the gang's members demonstrating how hard it can be being in prison for years, missing family, being alone for decades and much more. It isn't easy!



Another solution is talking to teenage gang's families, telling them to be more present, to provide family activities and to love them. It can be the best solution, because most of them join a gang because they miss love!

To conclude, giving love to the teens can be the key for the reduction of gangs.

Inês Bertão 11ºCT1



Teens and Gangs



Nowadays teens tend to fall into crime world earlier and more often than they should. This can be related to some factors, such as, the surroundings that they were raised in, the influence of older friends or the lack of boundaries and parental supervision.

In my opinion, there are certain things that can be done to prevent teens from falling into crime world. For example, it should be created some projects for young people in danger of getting involved in crime and gang violence, in order to open their eyes and



make them change their behavior and attitudes towards the law. These projects should include organized visits to prisons where teens might be able to see what prison life is like and speak to some prisoners.

Apart from that, it could be created some extracurricular activities for teens to occupy their free time so that they are less likely to fall into a criminal way of life.

To conclude, early intervention plays an important role in keeping teens from embarking on a life of crime, so it is important to take some measures and help young people escape gang life.

Maria Leonor Domingues 11°CT1



Teens and Cyberbullying



In my opinion, the quote "being a bully on the internet is a sign of insecurity and weakness" is correct, because online bullying can be particularly damaging and upsetting for the person being victimized.

Being a bullied is like a scar that stays in your life forever, it just isn't your body, but in your heart and your mind every time you look in the mirror. Only the victims can feel the fear and the pain of remembering all of the things that the bullies have said and done.



I really don't know why people are bullied and what the bullies gain with terrorizing someone and make somebody feel so ashamed, so useful, so dirty and so disrespected. But ,I know one thing, those people are weak, because they have the need of putting somebody down and to make somebody feel so bad for things that aren't even important. This is ridiculous because everybody should be able to be themselves no matter what they look like, what their beliefs are and what they fight for.

In short, the bullies are just insecure people who don't have anything else to do. They just feel like they need to put somebody down so they can feel good about themselves. However, this action just makes them even more despicable.

Joana Silva 11°CT1



Teens and Cyberbullying



Nowadays, cyberbullying is a big problem that affects many people including teens.

Many teens are threatened online with photographs, messages or posts that bullies send to everyone. This is a serious problem, because sometimes it's difficult to know who the sender is because they can be using other people's accounts. Cyberbullying can have several consequences to



the victim including problems with mood, energy level, sleep, and appetite. It also can make someone feel jumpy, anxious, or sad affecting their social life and school success.

In my opinion, being a bully on the internet is a sign of insecurity and weakness. Cyberbullies make other people feel bad with themselves in order to feel that they are better and in charge. As in the internet it is more difficult to be identified, bullies use it to avoid being held responsible for their acts.

In conclusion, cyberbullying is a very serious problem that is made by people with low self-esteem, so they bully other people to make them feel better about themselves.

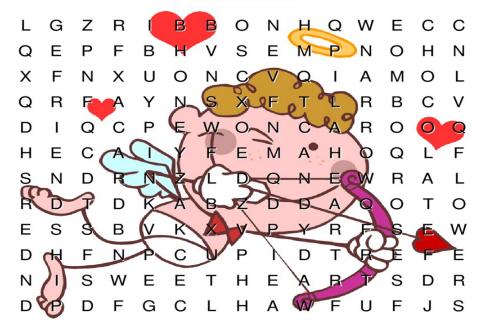
Ana Ventura 11°CT1



Valentine's Day Word Search







ARROW SWEETHEART CARD HEART ROSES FRIENDSHIP CANDY RED HONEY

CUPID PINK CHOCOLATE

FLOWERS VALENTINE RIBBON







smita_haldankar10@yahoo.com

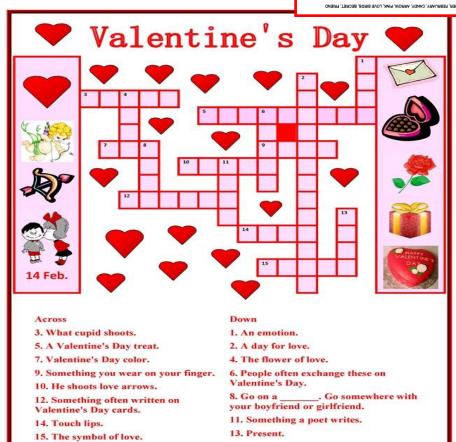


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Word Scramble

Created By Danielle of Family Centsability http://familycentsability.com

NAMERS: CHOCOLATE, VALENTINE, SMEETHEART, RED, CUPID, HEART, ROSE, ADMIRE, LOVE, FLOWER, FEBRUARY, CANDY, ARROW, PINK, LOVE BIRDS, SECRET, FRIEND





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